

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Tender Education and Arts</b>	
If your organisation is part of a larger organisation, what is its name? <b>n/a</b>	
In which London Borough is your organisation based? <b>Islington</b>	
Contact person: <b>Ms Doireann Larkin</b>	Position: <b>Development Manager</b>
Website: <b>http://www.tender.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1100214</b>
When was your organisation established? <b>03/01/2003</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b> <b>Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations</b>
Please describe the purpose of your funding request in one sentence. <b>An arts based programme that engages vulnerable young people in identifying, avoiding or escaping from abuse.</b>
When will the funding be required? <b>11/10/2016</b>
How much funding are you requesting? Year 1: <b>£17,877</b> Year 2: <b>£40,021</b> Year 3: <b>£42,661</b>  <b>Total: £100,559</b>

**Aims of your organisation:**

Tender uses arts based techniques to support young people to identify, avoid or escape from domestic and sexual abuse. We work in schools and youth settings to help young people to identify, avoid or escape abuse. We help them to recognise warning signs, challenge victim blaming, seek support and empower friends to seek help if they are at risk. We also train adults to tackle the issue with young people they work with.

**Main activities of your organisation:**

Schools: Tender provides high impact, evidenced preventative schools programmes across London. We work intensively with students to change attitudes and behaviours, empowering them to establish violence free environments. These students disseminate learning to peers as leaders in violence prevention. Their campaigning embeds abuse prevention messages creating whole school change.

Youth Ambassadors: This work engages vulnerable young people who are at a high risk of experiencing abuse or who have already experienced abuse alongside intersecting disadvantage such as being in care, identifying as LGBT, having special educational needs etc.

Adult Training: We train professionals to identify the causes and impact of abuse and respond safely and effectively to victims they encounter. Training courses are open to a wide range of professions, creating a mainstreamed, integrated awareness providing victims with multiple opportunities to seek support.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>7</b>	<b>2</b>	<b>7</b>	<b>3</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>rolling basis</b>

## Summary of grant request

16-25 year olds are the age group most likely to experience IPV (Intimate Partner Violence). Marginalised groups including those in care, who have learning difficulties, or are LGBTQ, are particularly vulnerable and face more barriers to support. Many have witnessed family violence and have reduced resilience to recover from their experiences. Research shows that a history of IPV may be a critical factor in predicting homelessness, substance misuse and mental illness (Phillips 2000, Shelter 2002, Humphreys 2005).

Tender will deliver 10 hours of intensive, arts based workshops with 15 groups of vulnerable young people, identified as having been affected by IPV. Stories, pictures and scripts enable participants to discuss the issue safely through characters. Through role play and discussion, they develop practical strategies to identify, avoid or escape harm. Participants create campaigns that use peer leadership to help their friends learn more about escaping abuse. Our workshops increase empathy and encourage victims to identify effective support. We will also deliver training for adult professionals and carers to help them provide long term support.

### Aims

- Help young people to recognise patterns of abuse
- Connect young victims with support services
- Practice safety planning to leave or help a friend to leave abuse
- Build skills in avoiding future unhealthy relationships
- Create positive environments where young people and staff ensure victim blaming is not tolerated

Tender's work has been independently evaluated by experts including London Metropolitan University's Child and Woman Abuse Studies Unit, Middlesex University and DMSS Research Ltd.

We completed a pilot project targeting looked after young people, those from the Traveller Community and disabled young people. This enabled these groups to understand and articulate complex ideas about abuse, rejecting the normalisation of violence.

"to lead is good when it comes to a mum with a baby, but when it comes to a loving relationship, there shouldn't be a leader or follower because that's control" (looked after young person)

"You might consent to having sex with someone with a condom but if they don't wear a condom, that's rape because you consented to sex with a condom not without one." (disabled young person)

- domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations

Our practical, drama based workshops are specially designed to enable young people to recognise warning signs of abuse and develop safe and effective strategies to leave abusive situations.

- more survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being
- BME, LGBT and disabled survivors of domestic violence accessing appropriate services which understand and meet their needs

We will work with young survivors of abuse to connect them with specialist support that responds to specific needs. Our connections with Refuge, Women & Girls Network, Forward, Southall Black Sisters, Broken Rainbow and a range of other Pan-London services enable us to refer and signpost to the best service for each young person.

Tender's Youth Board is made up of twenty young people. All projects are developed in collaboration with them. We are working closely with foster parents and care leavers to develop our work, allowing us to ensure we recognise and respond to the needs of young participants.

"This work brings insight, empathy and resilience into the relationships between foster carer, young person and contact with non-abusive parent" (Dawn Howley, Tender practitioner who grew up in care)

The success of Tender's work is enhanced through dedicated volunteers who support in all areas of the organisation and who receive training and networking opportunities throughout their placements.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Tender is qualified to deliver CPD certified and OCN accredited training. We have achieved Project Oracle's Level 1 Standards of Evidence.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Training and development: 3 days training for 5 workshop leaders to enhance their work with vulnerable young people. 1 day of project development meetings with workshop leaders to tailor the project to the needs of the young people.**

**10 hours of workshops with 15 groups of vulnerable young people to help them to identify how healthy/unhealthy relationships have impacted their lives, improve their resilience to facilitate recovery from harm, decrease their vulnerability to future abuse**

**Training to support: Specialist training for up to 20 professionals or foster carers each year to help them to support looked after young people who have experiences of IPV. This training will provide a sustainable legacy for the project, embedding anti-abuse strategies into communities and homes**

**Evaluation meetings. At the end of each year, a full team evaluation meeting will take place to share feedback and learning from participants, youth workers, workshop leaders and staff. These will feed into Tender's national dissemination strategy, sharing best practice on working with vulnerable young people to address domestic abuse.**

**Sharing event: At the end of the project, participants and staff will work to produce a dissemination event targeted at professionals and at-risk young people to share the experiences of young people and best practice for preventing future harm.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**150 vulnerable young people have an increased ability to recognise abusive behaviours in their intimate relationships**

**150 vulnerable young people have improved knowledge of help seeking strategies for themselves or friends who are experiencing abuse**

**60 professionals and carers working with young people are better equipped to respond to domestic abuse and its intersection with multiple disadvantage including living in care, disability and discrimination based on race, gender or sexuality.**

**450 young people in the wider community are exposed to campaigns, performances and resources that send messages which challenge attitudes that tolerate abuse and lead victims to supportive services.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**This project will provide Tender with robust evaluation data and high quality educational resources which will help to leverage funding from Trusts and Foundations, local authorities and youth settings. We have positive relationships with a portfolio of funders who we will approach to continue support of this work.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**245**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**0-15**

**16-24**

**25-44**

**45-64**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**11-20%**

## Funding required for the project

(PLEASE SEE ATTACHED  
APPENDIX FOR MORE  
SPECIFIC COSTINGS)

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management costs	36,094	36,094	36,094	108,282
Project Development	6,750	5,048	5,048	16,846
Workshop facilitation	11,800	11,400	11,800	35,000
Travel	702	676	676	2,054
Venue Hire	150	0	1,000	1,150
Resources and equipment	3,500	2,500	3,000	9,000
Catering	0	0	500	500
Training	2,500	1,000	1,000	4,500
Overheads	6,150	5,572	5,812	17,534
<b>TOTAL:</b>	<b>67,646</b>	<b>62,290</b>	<b>64,930</b>	<b>194,866</b>

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
John Lyon's Charity	32,451	0	0	0
Hackney Council	1,143	1,143	0	0
BBC Children in Need	11,650	18,891	0	0
<b>TOTAL:</b>	<b>45,244</b>	<b>20,034</b>	<b>0</b>	<b>0</b>

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Waltham Forest Council	5,000	5,000	0	10,000
The Women's Foundation	0	15,000	0	15,000
Golden Bottle Bulldog Trust	0	15,000	15,000	30,000
<b>TOTAL:</b>	<b>5,000</b>	<b>35,000</b>	<b>15,000</b>	<b>55,000</b>

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management Costs	2,500	27,500	27,500	57,500
Project Development	6,750	5,048	5,048	16,846
workshop facilitation	1,800	1,400	1,800	5,000
Travel	52	26	26	104
Venue hire	150	0	1,000	1,150
Resources and equipment	2,500	1,500	2,000	6,000
Catering	0	0	500	500
Training	2,500	1,000	1,000	4,500
Overheads	1,625	3,547	3,787	8,959
<b>TOTAL:</b>	<b>17,877</b>	<b>40,021</b>	<b>42,661</b>	<b>100,559</b>

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2015</b>
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Income received from:	£
Voluntary income	613,738
Activities for generating funds	9,617
Investment income	1,044
Income from charitable activities	157,769
Other sources	0
<b>Total Income:</b>	<b>782,168</b>

Expenditure:	£
Charitable activities	743,482
Governance costs	18,194
Cost of generating funds	18,194
Other	0
<b>Total Expenditure:</b>	<b>779,870</b>
<b>Net (deficit)/surplus:</b>	<b>2,298</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>2,298</b>

Asset position at year end	£
Fixed assets	1,507
Investments	0
Net current assets	323,729
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>325,236</b>

Reserves at year end	£
Restricted funds	88,555
Endowment Funds	0
Unrestricted funds	236,681
<b>*Total Reserves (B):</b>	<b>325,236</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
21-30%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.			
	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	187,172	148,233	68,318
London Councils	76,329	199,865	194,935
Health Authorities	64,489	49,465	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.			
Name of Funder	2012 £	2013 £	2014 £
Big Lottery - Reaching Communities	75,186	99,814	100,000
Paul Hamlyn Foundation	43,010	43,010	43,655
Tudor Trust	32,000	45,500	75,800
Trust for London	0	7,500	30,000
John Lyon's Charity	0	0	30,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Doireann Larkin**

Role within                      **Development Manager**  
Organisation:

APPENDIX  
(MORE DETAILED COSTINGS)

Appendix 1:

<b>YEAR ONE</b>	<b>TOTAL</b>	<b>City Bridge Trust</b>	<b>Other</b>
	£	£	£
Youth Engagement Manager (Full-time)	32,451		32,551
Development Manager (1 day/week)	6,750	<b>6,750</b>	
Finance Manager (3 days/month)	3,643	<b>2,500</b>	1,143
Development & Training (Artists)	3,076	<b>3,076</b>	
Resources	1,000	<b>1,000</b>	
Artists' costs: 50 sessions (2 artists/session @ £100)	10,000		10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	<b>1,500</b>	1,000
Frontline Worker Support	1,000	<b>1,000</b>	
Evaluation	426	<b>426</b>	
Overheads	<u>6,150</u>	<u>1,625</u>	<u>4,525</u>
<b>TOTAL YEAR ONE</b>	<b>67,646</b>	<b>17,877</b>	<b>49,769</b>
<b>YEAR TWO</b>	£	£	£
Youth Engagement Manager (Full-time)	32,451	<b>25,000</b>	7,451
Development Manager (3 days/month)	5,048	<b>5,048</b>	
Finance Manager (2 days/month)	3,643	<b>2,500</b>	1,143
Artists' costs: 50 sessions (2 artists/session @£100)	10,000		10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	<b>1,500</b>	1,000
Training	1,000	<b>1,000</b>	
Frontline Worker Support sessions	1,000	<b>1,000</b>	
Evaluation	426	<b>426</b>	
Overheads	<u>5,572</u>	<u>3,547</u>	<u>2,024</u>
<b>TOTAL YEAR TWO</b>	<b>62,290</b>	<b>40,021</b>	<b>22,269</b>
<b>YEAR THREE</b>			
Youth Engagement Manager (Full-time)	32,451	<b>25,000</b>	7,451
Development Manager (3 days/month)	5,048	<b>5,048</b>	
Finance Manager (2 days/month)	3,643	<b>2,500</b>	1,143
Artists' costs: 50 sessions (2 artists/session @£100)	10,000		10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	<b>1,500</b>	1,000
Training	1,000	<b>1,000</b>	
Frontline Worker Support sessions	1,000	<b>1,000</b>	
Evaluation	426	<b>426</b>	
Dissemination: Summit (venue and catering)	1,500	<b>1,500</b>	
Resources and equipment	500	<b>500</b>	
Artists' costs	400	<b>400</b>	
Overheads	<u>5,812</u>	<u>3,787</u>	<u>2,025</u>
<b>TOTAL YEAR THREE</b>	<b>64,930</b>	<b>42,661</b>	<b>22,269</b>